



STATE OF NEW MEXICO
Human Services Department
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FOR IMMEDIATE RELEASE

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State highlights prevention efforts, recognizes community members who have achieved recovery from substance use disorders

New Mexico observes National Recovery Month this September

SANTA FE – During National Recovery Month, the New Mexico Human Services Department (HSD) celebrates those who have achieved recovery from substance use disorders and raises awareness about the resources available to New Mexicans in need of help.

A national observance held every September, National Recovery Month aims to promote and support new evidence-based treatment and recovery practices, the emergence of a strong and proud recovery community, and the dedication of service providers and community members who make recovery in all its forms possible. Gov. Michelle Lujan Grisham issued a proclamation on behalf of the State of New Mexico.

“It is critical that people experiencing mental health and substance use disorders receive the support they need. The reality is that behavioral health is essential to health, prevention works, treatment is effective, and people recover,” said **Neal Bowen, Ph.D.**, Director of HSD’s Behavioral Health Services.

NM Gov. Michelle Lujan Grisham’s administration remains dedicated to creating accessible and high-quality behavioral health care, driving behavioral health initiatives, such as the Crisis Now System to ensure all New Mexicans have the necessary continuum of care for mental health and substance use disorder prevention, treatment and recovery services.

Events are scheduled across the state in Celebration of Recovery Month. The list of events can be found [here](#).

New Mexicans are also encouraged to explore available mental health programs and resources [here](#).

The new yes.nm.gov site also features a [Get Help Now](#) page for New Mexicans to quickly access crisis support resources and find available behavioral health providers.

If you or a loved one is experiencing feelings of hopelessness, mental or emotional distress, or need help finding local community services, call or text 988, the crisis support line.

A copy of the Governor's September Recovery Awareness Month Proclamation can be found [here](#).

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We talk, interpret and smile in all languages. We provide written information to our customers in both English and Spanish and interpretation services are available in 58 languages through our provider, [CTS Language Link](#). For our hearing, and speech impaired customers, we utilize [Relay New Mexico](#), a free 24-hour service that ensures equal communication access via the telephone to individuals who are deaf, hard of hearing, deaf-blind or speech disabled.

The Human Services Department provides services and benefits to 1,070,231 New Mexicans through several programs including: the Medicaid Program, Temporary Assistance for Needy Families (TANF) Program, Supplemental Nutrition Assistance Program (SNAP), Child Support Program, and several Behavioral Health Services.