



## City of Santa Fe Summer Swim Lessons

### *Sessions to be Offered at GCCC and Bicentennial Pool*

The Recreation Division is offering swim lessons this summer from June 5 through August 4 at Genoveva Chavez Community Center (GCCC) and Bicentennial Pool (BC). The lessons are organized into 4 sessions with multiple levels of instruction per session, and each session costs \$60 per registrant. **Online reservations for spots will be open during the following dates and times in advance of each session:**

- Session 1 Registration: May 26 at 8:00 a.m. through June 2 at 5:00 p.m.
- Session 2 Registration: June 7 at 8 a.m. through June 9 at 5:00 p.m.
- Session 3 Registration: June 21 at 8:00 a.m. through June 23 at 5:00 p.m.
- Session 4 Registration: July 12 at 8:00 a.m. through July 14 at 5:00 p.m.

To sign up for lessons, participants should first [reserve a spot online](#). After reserving a spot, download, print, and complete the [registration and waiver form](#), and bring it to GCCC or Fort Marcy Recreation Center along with payment for the session. **Each individual participant requires a completed registration and waiver.** Registration forms and payment must be received at GCCC or Fort Marcy prior to the close of the registration window for the session, or the reservation will be forfeited.

[FORE kids applications](#) are due on the Thursday before the registration closure date for a reduced rate.

See tables below for session one schedule and levels, or, [download the flyer](#) with details of all schedules through the summer!

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## Session 1 Schedule: Genoveva Chavez Community Center

*Monday through Thursday, June 5 to June 15*

10:45AM-11:15AM	11:30AM-12:00PM
Preschool	Parent + Tot
Level 1	Level 1
Level 1	Level 2
Level 2	Level 3

## Session 1 Schedule: Bicentennial Pool

*Tuesday through Friday, June 6 to June 16*

9:00AM-9:30AM	9:45AM-10:15AM	12:15PM-1:00PM
Preschool	Parent + Tot	Level 3
Level 1	Level 1	Level 4
Level 1	Level 1	
Level 2	Level 2	

# LEARN TO SWIM



## Summer Swim Lessons at Genoveva Chavez CC & Bicentennial Pool

**June 5 - August 4**

### Registration Starts May 26

Lessons are organized into 4 sessions with multiple levels of instruction per session (for a breakdown of each session see back of sheet). Each session cost \$60. Online reservations for spots will be open during the following dates:

**Session 1: May 26 | 8AM - June 2 | 5PM**

**Session 2: June 7 | 8AM - June 9 | 5PM**

**Session 3: June 21 | 8AM - June 23 | 5PM**

**Session 4: July 12 | 8AM - July 14 | 5PM**

To reserve your spot, first sign up online by scanning the QR code or by visiting:

<https://www.signupgenius.com/go/10c0f44a8af28aaf5c70-live#/>



After reserving a spot, download, print, and complete the registration and waiver form available on the signup form landing page, and bring it to GCCC or Fort Marcy Recreation Center along with payment for the session. Forms and payment must be received prior to the close of the reservation window for each session or the spot will be forfeited.

\*FORE kids application are due on the Thursday before the registration closure date for a reduced rate.



## Swim Lesson Levels

Before registering your child, please use the course milestones (below) to determine their current swimming abilities and ensure they are signed up for the appropriate swim lesson level. If your child can perform all the skills outlined in a level, then they are ready to be registered for the next level up. *Example: if your child can perform the skills in the Pre-School list, sign them up for Level 1.*

### Parent + Tot

- Parent in water with child
- Water comfort with supported exploration

### Preschool

- Individual exploration
- Water comfort
- Bubble blowing
- Safety & depth understanding
- Pool awareness

### Level 1

- Water familiarity
- Reach 3ft. depth on their own
- Head submersion
- Beginning swimming body positioning front and back
- Supported back float
- Emergent supported arm action
- Emergent supported kick

### Level 2

- Front and back floating on their own
- Submerged bubble blowing through nose
- Stepping into and out of the pool using ladder
- Bobbing in depths
- Rolling front to back
- Combined arm and leg action

### Level 3

- Jump into deep water
- Rotary breathing
- Unsupported water tread
- Front crawl
- Elementary backstroke

### Level 4

- 25 yards of front crawl & elementary backstroke
- 15 yards breaststroke, back crawl, butterfly, & side stroke
- Swim stroke refinement
- Open turns on front and back
- Reaching and throwing assists safety focus

## Bicentennial Pool Swim Lesson Schedule

Session 1: June 6th - 16th		
9:00AM - 9:30AM	9:45AM - 10:15AM	12:15AM - 1:00PM
Preschool	Parent + Tot	Level 4
Level 1	Level 1	Level 3
Level 1	Level 1	
Level 2	Level 2	

Session 2: June 20th - 30th		
9:00AM - 9:30AM	9:45AM - 10:15AM	12:15AM - 1:00PM
Preschool	Parent + Tot	Level 3
Level 1	Level 1	Level 4
Level 1	Level 2	
Level 2	Level 2	

Session 3: July 11th - 21st		
9:00AM - 9:30AM	9:45AM - 10:15AM	12:15AM - 1:00PM
Preschool	Parent + Tot	Level 4
Level 2	Level 1	Level 3
Level 3	Level 2	
Level 4	Level 3	

Session 4: July 24th - August 4th		
9:00AM - 9:30AM	9:45AM - 10:15AM	12:15AM - 1:00PM
Preschool	Parent + Tot	Level 3
Level 2	Level 1	Level 4
Level 3	Level 2	
Level 4	Level 3	

## GCCC Pool Swim Lesson Schedule

Session 1: June 5th - 15th	
10:45AM - 11:15AM	11:30AM - 12:00PM
Preschool	Parent + Tot
Level 1	Level 1
Level 1	Level 2
Level 2	Level 3

Session 2: June 19th - 29th	
10:45AM - 11:15AM	11:30AM - 12:00PM
Preschool	Parent + Tot
Level 1	Level 2
Level 2	Level 3
Level 3	Level 4

Session 3: July 10th - 20th	
10:45AM - 11:15AM	11:30AM - 12:00PM
Level 1	Parent + Tot
Level 2	Level 1
Level 3	Level 2
Level 4	Level 3

Session 4: July 24th - August 3rd	
10:45AM - 11:15AM	11:30AM - 12:00PM
Parent + Tot	Preschool
Level 2	Level 1
Level 3	Level 2
Level 4	Level 3